| Evaluation | CL | Eustress | | Distress | |
| --- | --- | --- | --- | --- | --- |
| Eustress | | Distress | |
| M | SD | M | SD |
| 0.00 | high | 2.87 | 0.88 | 2.34 | 0.80 |
| 0.00 | low | 3.33 | 0.85 | 1.84 | 0.69 |
| 1.00 | high | 2.94 | 0.97 | 2.59 | 1.00 |
| 1.00 | low | 3.17 | 0.91 | 2.35 | 0.95 |